



JDRF ANNUAL WRITING CONTEST!

I N Y O U R O W N W O R D S

Here at JDRF, we're launching an annual writing contest! If you're between the ages of eight and 18, we want to hear from you about your life with diabetes. You can write about whatever you'd like: for example, what you've learned, the toughest challenges you've faced, your own tricks and tips for managing diabetes, how you handle the comments and questions of friends and others, your hopes and dreams for the future—or just about any other topic that inspires you.

Entering the contest is easy. Just write a brief story or personal essay in the range of 200 to 400 words. Then send it to writingcontest@jdrf.org by our deadline—June 1, 2010. The first 25 submissions will get an awesome prize: a

Jonas Brothers diabetes dog tag. The first-place winner will also get the chance to see his or her work published: the winning story will be printed in the Fall 2010 issue of *Countdown for Kids*, along with a photo of the winner. We will also announce the winner and feature the winning story on our kids' Web site, www.kids.jdrf.org. We know you have a great story to tell, and we want to read it! If you're the winner, you will get to share your story with kids and teens living with type 1 diabetes nationwide.

So please send us your entry for JDRF's Annual Writing Contest by June 1. If you have any questions, please email us at writingcontest@jdrf.org. Good luck!